



JENDA**FAMILY**SERVICES

Jenda Family Services Outpatient Mental Health Clinic

4600 Valley Road; Suite 350

Lincoln, NE 68510

402-474-0011 Option #3

Jendafamilyservices.com

Children/Adolescent Services

- Individual/family mental health and substance use treatment
- EMDR (eye movement desensitization and reprocessing) therapy
- OP co-occurring substance use treatment group
- PCIT (parent-child interaction therapy)
- CPP (Child-parent psychotherapy)
- TFCBT (trauma-focused cognitive behavioral therapy)
- Evaluations
 - CPP/trauma
 - Mental health/substance use/co-occurring

Adult Services

- Individual/Couple's-Marriage/Family mental health and substance use treatment
- EMDR (eye movement desensitization and reprocessing) therapy
- IOP/OP co-occurring substance use treatment group
- Evaluations
 - Mental health/substance use/co-occurring

Payment Sources Accepted:

- Self- Pay
- Probation Voucher

Medical Insurances:

- ◆ Aetna
- ◆ BCBS
- ◆ United Behavioral Health/
United Healthcare
- ◆ UMR
- ◆ Midlands Choice
- ◆ Medica
- ◆ Medicaid:

*BCBS Healthy Blue

*Nebraska Total Care

*UHC Community Plan

Send referrals or questions to:

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